

# The Carbon Literacy Project Healthcare Resources

Carbon Literacy  
Project



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**A document containing useful healthcare resources from the sector including case studies and tools.**

Feel free to send this to learners in your follow up email after the training.

The CLP will update this document periodically. If you would like to suggest resources to include please email us at [healthcare@carbonliteracy.com](mailto:healthcare@carbonliteracy.com) using the subject 'CLP4NHS resources document'.

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## Healthcare case studies

Greener NHS photography exhibition: <https://www.england.nhs.uk/greenernhs/whats-already-happening/photography-exhibition/>

Climate action in anaesthetics: <https://www.youtube.com/watch?v=VzDmR8hYkv4>

Electric vehicles: <https://www.england.nhs.uk/2022/08/nhs-rolls-out-new-electric-vehicles-to-help-patients-and-the-planet/>

Green transport prescribing: <https://www.gov.uk/government/news/walking-wheeling-and-cycling-to-be-offered-on-prescription-in-nationwide-trial>

Steps towards a zero carbon trust: <https://www.youtube.com/watch?v=VzDmR8hYkv4>  
<https://www.leedsth.nhs.uk/about-us/news-and-media/2022/06/07/trust-invests-in-energy-efficient-and-decarbonisation-schemes>

Plastic reduction: <https://preciousplastic.com/about/mission.html>  
<https://www.rcn.org.uk/magazines/Action/2022/Jan/How-to-reduce-glove-use-170122>

Trust wide carbon reduction: <https://inews.co.uk/news/nhs-hospital-set-to-become-first-in-england-powered-entirely-by-renewable-energy-1206674>

Inhalers / asthma: <https://www.wehale.life/uk/prouk/insights/wilkinson/>  
<https://www.greenerpractice.co.uk/high-quality-and-low-carbon-asthma-care/>  
<https://www.aafa.org/climate-and-health/>

Waste: <https://www.sharpsmart.co.uk/new-normal>  
<https://www.goodrx.com/hcp/providers/how-to-reduce-healthcare-waste>  
<https://www.rcplondon.ac.uk/file/9498/download>  
[https://journals.lww.com/ajnonline/Fulltext/2020/04000/Reducing\\_Waste\\_and\\_Increasing\\_Sustainability\\_in.26.aspx](https://journals.lww.com/ajnonline/Fulltext/2020/04000/Reducing_Waste_and_Increasing_Sustainability_in.26.aspx)

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## Further knowledge

Co-benefits of climate action: <https://www.imperial.ac.uk/media/imperial-college/grantham-institute/public/publications/briefing-papers/Co-benefits-of-climate-change-mitigation-in-the-UK.pdf>

<https://www.ashden.org/winners/london-borough-of-waltham-forest#continue>

Healthcare education opportunities: <https://cpdmatch.co.uk/>

Carbon offsetting: <https://www.smithschool.ox.ac.uk/research/oxford-offsetting-principles>  
<https://www.bbc.co.uk/news/58337283>

Carbon budgets: [https://www.youtube.com/watch?v=i0lufZFN3\\_w](https://www.youtube.com/watch?v=i0lufZFN3_w)

Oceanic health: <https://www.healthcareocean.org/>

Centre for Sustainable Healthcare (further training): <https://sustainablehealthcare.org.uk/>

Further resource list: <https://raindrop.io/petewaddingham/green-nhs-20775725/sort=-sort&perpage=30&page=1>

Equity and vulnerability: [https://www.youtube.com/watch?v=3SPVIUV2\\_uY](https://www.youtube.com/watch?v=3SPVIUV2_uY)

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## Tools to decarbonise

SEE Sustainability - primary care decarbonisation resources:

<https://seesustainability.co.uk/resources>

<https://seesustainability.co.uk/low-carbon-plan>

Low carbon food procurement:

<https://www.bristol.gov.uk/documents/20182/33379/Good+Food+and+Catering+Procurement+Policy+%28Framework%29+2018.pdf/d7f8f476-5a7b-cf17-19df-cb29f0b2dcb8>

Low carbon food examples:

[https://www.sustainablefoodplaces.org/resources/food\\_governance\\_and\\_strategy/](https://www.sustainablefoodplaces.org/resources/food_governance_and_strategy/)

<https://www.vegcities.org/>

Anaesthetic gas scavenging system: <https://sustainablehealthcare.org.uk/what-we-do/sustainable-specialties/anaesthetics/anaesthetic-gas-scavenging-system>

Low carbon supplier roadmap: <https://www.supplychain.nhs.uk/news-article/supplier-roadmap-net-zero-2045/>

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## Reducing your personal / home footprint

Personal footprint calculator: <https://footprint.wwf.org.uk/#/>

9 things you can do about climate change: <http://www.imperial.ac.uk/stories/climate-action/>

Switching to a green energy provider: <https://bigcleanswitch.org/>

Eating less meat: <http://www.whyeatlessmeat.com/>

<https://friendsoftheearth.uk/food/10-ways-eat-less-meat>  
<http://eatseasonably.co.uk/dabble/>  
<https://ourworldindata.org/less-meat-or-sustainable-meat>

Eating seasonally: <https://www.newcoventgardenmarket.com/fruit-veg/british-seasonal-calendar>

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## **Campaigns**

Greener NHS staff engagement campaign: <https://www.england.nhs.uk/greenernhs/get-involved/staff-engagement-campaign/>  
[https://www.health.org.uk/sites/default/files/2020-04/health\\_foundation\\_submission\\_to\\_the\\_nhs\\_net\\_zero\\_expert\\_panel\\_consultation.pdf](https://www.health.org.uk/sites/default/files/2020-04/health_foundation_submission_to_the_nhs_net_zero_expert_panel_consultation.pdf)

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## **Research**

Climate change and infectious diseases:  
[https://www.thelancet.com/journals/lanpe/article/PIIS2666-7762\(21\)00216-7/fulltext#seccesectitle0005](https://www.thelancet.com/journals/lanpe/article/PIIS2666-7762(21)00216-7/fulltext#seccesectitle0005)

IPCC Sixth Assessment Report infographic: <https://eciu.net/analysis/infographics/ipcc-explainer-mitigation-climate-change>

LANCET Countdown - tracking progress on health and climate change:  
<https://www.lancetcountdown.org/about-us/interact-with-the-key-findings/>

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